

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Herreman Kurt

Coaches: Horré Milan

Coaches: Vansteenkiste Xavier HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 65: 400M MEDLEY MEN 15-16							Heat:2, starttime: 14:36	
Heat: 2/2 Lane : 3 Athlete: PATTYN LOWIE							Q-time: 04:45:73	
PB (25m pool): 04:50.91 Brugge 20/10/2024				PB (50m pool): 04:45.73SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.10		01:06.67		01:45.07		02:22.06
	00:31.10		00:35.57		00:38.40		00:36.99	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:05.11		03:47.34		04:19.68		04:50.91
	00:43.05		00:42.23		00:32.34		00:31.23	
								

Coach feedback:

Event number: 65: 400M MEDLEY MEN 15-16							Heat:2, starttime: 14:36	
Heat: 2/2 Lane : 7 Athlete: TACQ NATHAN							Q-time: 04:53:30	
PB (25m pool): 04:53.30 Meulebeke 19/04/2026				PB (50m pool): 05:03.19SB: 04:54.05 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.45		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:53.30
								

Coach feedback:

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Event number: 68: 100M MEDLEY WOMEN 13-14					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 8 Athlete: THIENPOND T NINA					Q-time: 01:16:06
PB (25m pool): 01:16.06 Meulebeke 06/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.06	
	no time				
					

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16					Heat:1, starttime: 15:12
Heat: 1/5 Lane : 4 Athlete: LAMBERT LIAM					Q-time: 00:29:31
PB (25m pool): 00:29.61 Eeklo 21/09/2025					PB (50m pool): 00:29.31 SB: no time
	2 5 M	5 0 M			
PB		00:29.61			
	00:29.61				
					

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:2, starttime: 15:24
Heat: 2/4 Lane : 4 Athlete: VANSTEENKISTE VICTOR					Q-time: 01:02:49
PB (25m pool): 01:02.49 Brugge 04/10/2026					PB (50m pool): 01:05.96 SB: 01:02.49 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.46		01:02.49	
	00:29.46		00:33.03		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:1, starttime: 15:40
Heat: 1/8 Lane : 6 Athlete: LAMBERT LIAM					Q-time: 00:59:33
PB (25m pool): 00:59.33 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:00.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.05		00:59.33	
	00:29.05		00:30.28		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:2, starttime: 15:41
Heat: 2/8 Lane : 1 Athlete: TACQ NATHAN					Q-time: 00:58:75
PB (25m pool): 00:58.75 Brugge 04/10/2026					PB (50m pool): 01:00.12 SB: 00:58.75 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.27		00:58.75	
	00:28.27		00:30.48		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:3, starttime: 15:43
Heat: 3/8 Lane : 4 Athlete: BAEYENS WARRE					Q-time: 00:57:62
PB (25m pool): 00:57.62 Brugge 04/10/2026					PB (50m pool): 00:58.84 SB: 00:57.62 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.46		00:57.62	
	00:27.46		00:30.16		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:7, starttime: 15:48
Heat: 7/8 Lane : 5 Athlete: PATTYN LOWIE					Q-time: 00:52:69
PB (25m pool): 00:52.69 Aachen 11/10/2026					PB (50m pool): 00:55.20 SB: 00:52.69 Aachen 11/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.28		00:52.69	
	00:25.28		00:27.41		
					

Coach feedback: